

## 2009 Media Guide

### Abingdon

Washington County News  
WLFG-TV 68 (IND)

### Alexandria

Metro Herald  
Mount Vernon Voice  
Old Town Crier Newsmagazine  
Washington Post\*

### Altavista

Altavista Journal  
WKDE 1000 AM, 105.5 FM

### Amelia

Amelia Bulletin Monitor

### Amherst

Amherst New Era Progress  
Nelson County Times

### Appomattox

Times-Virginian

### Arlington

El Tiempo Latino  
News Channel 8 (ABC)  
SRN News  
Washington Business Journal  
WAVA 780 AM, 105.1 FM  
WETA 90.9 FM  
WETA-TV 26 (PBS)  
WJLA-TV 7 (ABC)

### Ashburn

Loudoun Easterner

### Ashland

Herald-Progress  
WHAN 1430 AM

### Bayse

Bryce Mountain Courier

### Bedford

Bedford Bulletin

### Berryville

Clarke Courier

### Big Stone Gap

Post  
WLSD 1220 AM

### Blacksburg

WDBJ-TV 7 (CBS)\*  
WKEX 1430 AM  
WKNV 890 AM  
WPIN 810 AM  
WZFM 101.3 FM

### Blackstone

Courier Record  
WBBC 93.5 FM  
WKLV 1440 AM

### Bluefield

Bluefield Daily Telegraph  
WBDY 1190 AM  
WHAJ 104.5 FM  
WHIS 1440 AM  
WHKX 106.3 FM  
WHQX 107.7 FM  
WKEZ 1240 AM  
WKOY 100.9 FM  
WKQY 100.1 FM  
WTZE 1470 AM  
WVVA TV 6 (NBC)

### Bowling Green

Caroline Progress

### Bristol

Bristol Herald-Courier/  
Virginia-Tennessean  
WAEZ 94.9 FM  
WCYB-TV 5 (NBC)  
WEMT-TV 39 (Fox)  
WFHG 980 AM, 92.7 FM  
WIGN 1550 AM  
WTZR 99.3 FM  
WXBQ 96.9 FM  
WZAP 690 AM

### Broadway

WBTX 1470 AM  
WLTK 103.3 FM

### Brookneal

Union Star  
WODI 1230 AM

### Buckingham

Informant

### Cedar Bluff

WYRV 770 AM

### Charlottesville

C-Ville Weekly  
Charlottesville Business Journal  
Daily Progress  
Richmond Times-Dispatch\*  
Rural Virginian  
The Hook  
WAHU TV 27 (Fox)  
WCAV-TV 19 (CBS0)  
WCHV 1260 AM, 94.1 FM  
WCNR 106.1 FM  
WCYK 99.7 FM  
WHITE 101.9 FM, 104.9 FM  
WHTJ TV 41 (PBS)  
WINA 1070 AM  
WKAV 1400 AM

WTKR 840 AM  
WQMZ 95.1 FM  
WVAW TV 16 (ABC)  
WVAX 1450 AM  
WVIR TV 29 (NBC)  
WWTJ 107.5 FM  
WWWV 97.5 FM  
WZGN 102.3 FM

### Chase City

News Progress  
WJYK 980 AM

### Chatham

Star Tribune  
WKBY 1080 AM

### Chesapeake

Clipper  
Cox 11  
Virginian-Pilot\*  
WAFX 106.9 FM  
WFOS 88.7 FM  
WJOI 1230 AM  
WNOR 98.7 FM

### Chester

Village News  
WGGM 820 AM  
WZEZ 100.5 FM

### Christianburg

New River Current  
News Journal  
News Messenger  
Roanoke Times\*

### Churchville

WNLR 1150 AM

### Clarksville

Mecklenburg Sun

### Clintwood

Dickenson Star/  
Cumberland Times  
WDIC 1430 AM, 92.1 FM

### Covington

Virginian Review  
WIQO 100.9 FM  
WKEY 1340 AM  
WXCF 1230 AM, 103.9 FM

\*Bureau

Information compiled October 2009

Subject to change

**Crewe**  
 Crewe-Burkeville Journal  
 WSVS 800 AM

**Crisfield**  
 WBEY 97.9 FM  
 WGOB 540 AM

**Culpeper**  
 Culpeper News  
 Culpeper Star Exponent

**Danville**  
 Danville Register & Bee  
 Evincere, Inc.  
 WAKG 103.3 FM  
 WBTM 1330 AM  
 WDVA 1250 AM  
 WILA 1580 AM  
 WSET TV 13 (ABC)\*

**Dayton**  
 North Augusta Journal  
 North Fork Journal  
 Shenandoah Journal

**Drakes Branch**  
 Charlotte Gazette

**Elkton**  
 Valley Banner

**Emporia**  
 Independent-Messenger  
 WEVA 860 AM

**Fairfax**  
 WDCT 1310 AM  
 WJFK 106.7 FM  
 Washington Post\*

**Fairfax Station**  
 WPXW TV 66 (IND)

**Falls Church**  
 Falls Church News-Press  
 WFAX 1220 AM  
 WUST 1120 AM

**Farmville**  
 Farmville Herald  
 Richmond Times-Dispatch\*  
 WFLO 870 AM, 95.7 FM  
 WVHL 92.9 FM  
 WXJK 101.3 FM

**Fincastle**  
 Fincastle Herald

**Floyd**  
 Floyd Press

**Forest**  
 WBLT 1350 AM  
 WMNA 730 AM, 106.3 FM

**Franklin**  
 Tidewater News  
 WLQM 1250 AM, 101.7 FM

**Fredericksburg**  
 Free Lance-Star  
 WBQB 101.5 FM  
 WFLS 93.3 FM  
 WFVA 1230 AM  
 WGRQ 95.9 FM  
 WGRX 104.5 FM  
 WWUZ 96.9 FM  
 WWVB 99.3 FM  
 WYSK 1350 AM

**Front Royal**  
 Northern Virginia Daily\*  
 WFTR 1450 AM  
 WZRV 95.3 FM  
 Warren Sentinel

**Galax**  
 Gazette  
 WBRF 98.1 FM  
 WWWJ 1360 AM

**Gate City**  
 Scott County Virginia Star

**Georgetown**  
 WKHI 107.7 FM

**Glen Allen**  
 Cooperative Living Magazine

**Gloucester**  
 Glo-Quips  
 Gloucester-Mathews  
 Gazette Journal  
 WXGM 1420 AM, 99.1 FM

**Goochland**  
 Goochland Courier  
 Goochland Gazette

**Gray**  
 WGOB 1320 AM  
 WJCW 910 AM  
 WKOS 104.9 FM  
 WKUT 101.5 FM  
 WXSM 640 AM

**Grundy**  
 Virginia Mountaineer  
 WMJD 100.7 FM  
 WNRG 940 AM

**Hampton**  
 WVEC TV 13 (ABC)\*

**Harrisonburg**  
 Daily News-Record  
 WACL 98.5 FM  
 WAZR 93.7 FM  
 WBOP 95.5 FM  
 WHBG 1360 AM  
 WHSV TV 3 (ABC)  
 WJDV 96.1 FM  
 WKCY 1300 AM, 104.3 FM

WMXH 105.7 FM  
 WQPO 100.7 FM  
 WSIG 96.9 FM  
 WSVB 550 AM  
 WSVQ 93.1 FM  
 WTGD 105.1 FM  
 WVPT TV 51 (PBS)

**Haymarket**  
 Asian Fortune

**Heathsville**  
 Northumberland Echo

**Herndon**  
 Herndon Observer  
 Reston Observer

**Hillsville**  
 Carroll News  
 WHHV 1400 AM

**Hopewell**  
 Hopewell News

**Independence**  
 Declaration

**Johnson City**  
 Business Journal of  
 Tri-Cities TN/VA  
 WJHL TV 11 (CBS)

**Keysville**  
 Southside Messenger

**Kilmarnock**  
 Rappahannock Record  
 WIGO 104.9 FM  
 WKWI 101.7 FM

**King George**  
 Journal

**Kingsport**  
 Kingsport Times News  
 WKPT 1400 AM  
 WKPT TV 19 (ABC)  
 WOPI 1490 AM  
 WTFM 98.5 FM

**Lanham**  
 WKYS 93.9 FM  
 WMMJ 102.3 FM  
 WOL 1450 AM  
 WYCB 1340 AM

**Lansdowne**  
 Leesburg Today

**Lawrenceville**  
 Brunswick Times Gazette

**Labanon**  
 Labanon News  
 WLRV 1380 AM  
 WXLZ 1140 AM, 107.3 FM

**Leesburg**

Loudoun Times Mirror  
WAGE 1200 AM  
Washington Post\*

**Lexington**

News Gazette  
Rockbridge Advocate  
Rockbridge Weekly  
WREL 1450 AM  
WWZW 96.7 FM

**Littleton**

Lake Gaston Gazette

**Louisa**

Central Virginian

**Luray**

Page News and Courier  
WRAA 1330 AM

**Lynchburg**

Central Virginia Business  
News and Advance  
WBRG 1050 AM  
WDBJ TV 7 (CBS)  
WLEQ 106.9 FM  
WLLL 930 AM  
WLNI 105.9 FM  
WRXT 90.3 FM, 103.7 FM  
WSET TV 13 (ABC)  
WTTX 107.1 FM  
WYYD 107.9 FM  
WZZI 101.5 FM  
WZZU 97.9 FM

**Madison**

Madison County Eagle

**Manassas**

Bull Run Observer  
Old Bridge Observer

**Marion**

Smyth County News & Messenger  
WMEV 1010 AM, 93.9 FM  
WOLD 102.5 FM  
WZZA 103.5 FM

**Martinsville**

Martinsville Bullentin  
WCBX 900 AM  
WFIC 1530 AM  
WHEE 1370 AM  
WMVA 1450 AM  
WODY 1160 AM  
WYAT TV 40 (Family Network)

**McLean**

Alexandria Gazette Packet  
Arlington Connection  
Ashburn Connection  
Burke Connection

Cascade Connection  
Centre View  
Fairfax Connection  
Fairfax Station Connection  
Great Falls Connection  
Herndon Connection  
Laurel Hill/Clifton Connection  
McLean Connection  
Mount Vernon Gazette  
Reston Connection  
Springfield Connection  
USA Today  
Vienna-Oakton Connection

**Mechanicsville**

Mechanicsville Local

**Midlothian**

Chesterfield Living Magazine  
Hanover Lifestyle  
Heritage Rivers  
Observer  
River City Magazine  
Virginia Capital News Network\*  
Virginia Public Radio\*  
West End's Best

**Mineral**

Lake Anna Observer

**Moneta**

Smith Mountain Eagle

**Monterey**

Recorder

**Montross**

Westmoreland News

**Mt. Jackson**

WSVG 790 AM

**Nags Head**

Coast

**Newport News**

Daily Press

**Norfolk**

Associated Press\*  
Compass  
Currents  
El Eco de Virginia-Weekly  
Flagship  
Inside Business  
New Journal and Guide  
Port Folio  
Tidewater Parent  
Virginian-Pilot  
WCDG 92.1 FM  
WHRO 90.3 FM  
WHRO TV 15 (PBS)  
WHRV 89.5 FM  
WJCD 107.7 FM

WKUS 105.3 FM  
WNIS 790 AM  
WOWI 102.9 FM  
WPCE 1400 AM  
WPYA 93.7 FM  
WROX 96.1 FM  
WTAR 850 AM  
WTKR TV 3 (CBS)  
WTVZ TV 33 (My Network)  
WUSH 106.1 FM  
WVEC TV 13 (ABC)  
WVXX 1050 AM

**Norton**

Coalfield Progress  
WAXM 93.5 FM  
WNVA 1350 AM, 106.3 FM

**Onley**

Eastern Shore Post

**Orange**

Orange County Review  
WCVA 1490 AM  
WJMA 103.1 FM  
WOJL 105.5 FM  
WVCV 1340 AM

**Ormond Beach**

Tribune

**Oxford**

WLUS 98.3 FM

**Parksley**

WVES 99.3 FM

**Pearisburg**

Virginian Leader

**Pennington Gap**

Powell Valley News  
WSWV 1570 AM, 105.5 FM

**Petersburg**

Progress-Index

**Portsmouth**

WAVY TV 10 (NBC)  
WGNT TV 27 (CW)  
WVBT TV 43 (Fox)

**Pound**

WDXC 102.3 FM

**Powhatan**

Powhatan Today

**Princeton**

WAEY 1490 AM  
WSTG 95.9 FM

**Pulaski**

Southwest Times  
WBLB 1340 AM

**Purcellville**

Blue Ridge Leader

\*Bureau

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Subject to change

**Radford**

WBRW 105.3 FM  
 WFNR 710 AM, 100.7 FM  
 WPSK 107.1 FM  
 WRAD 1460 AM  
 WVRU 89.9 FM  
 WWBU 101.7 FM

**Reston**

Fairfax County Times

**Richlands**

Clinch Valley News  
 Coal Leader  
 Mountain Advisor  
 Richlands News-Press  
 Tazewell County Free Press  
 WGTH 540 AM, 105.5 FM  
 WRIC 97.7 FM

**Richmond**

Associated Press  
 Daily Press\*  
 (Political & Legislative Only)  
 FiftyPlus  
 Hampton Roads Voice  
 Henrico Citizen  
 Innsbrook Today Magazine  
 Metro Business  
 North of the James  
 Richmond Free Press  
 Richmond Magazine  
 Richmond Parents Monthly  
 Richmond Times-Dispatch  
 Richmond Voice Newspaper  
 Roanoke Times (State Gov't)\*  
 Short Pump Life  
 Style Weekly  
 Virginia Business  
 Virginia Capitol Connections  
 Virginia Jewish Life  
 Virginia Lawyers Weekly  
 Virginia News Network  
 Virginian-Pilot (State Gov't)\*  
 WARV 100.3 FM  
 WAUG 89.7 FM  
 WBBT 107.3 FM  
 WBTJ 106.5 FM  
 WBTK 1380 AM  
 WCDX 92.1 F  
 WCLM 1450 AM  
 WCVE 88.9 FM  
 WCVE TV 23 (PBS)\*  
 WCVE TV 23 (PBS)  
 WCVW TV 57 (PBS)  
 WDBJ TV 7 (CBS)\*  
 WDYL 101.1 FM

WDZY 1290 AM  
 WFTH 1590 AM  
 WKHK 95.3 FM  
 WKJM 105.7 FM  
 WKJS 99.3  
 WKLR 96.5 FM  
 WLEE 990 AM  
 WLFV 93.1 FM  
 WMXB 103.7 FM  
 WPZZ 104.7 FM  
 WREJ 1540 AM  
 WRIC TV 8 (ABC)  
 WRIH 88.1 FM  
 WRLH TV 35 (Fox)  
 WRNL 910 AM  
 WRVA 1140 AM  
 WRVQ 94.5 FM  
 WRXL 102.1 FM  
 WTOX 1480 AM  
 WTPS 1240 AM  
 WTVR 98.1 FM  
 WTVR TV 6 (CBS)  
 WUPV TV 65 (CW)  
 WVNZ 1320 AM  
 WWBT TV 12 (NBC)  
 WWLB 98.9 FM  
 WXGI 950 AM  
 Washington Post\*

**Roanoke**

Associated Press\*  
 Blue Ridge Business Journal  
 City Magazine  
 Richmond Times-Dispatch\*  
 Roanoke Times  
 Roanoke Tribune  
 Roanoker Magazine  
 WBRA TV 15 (PBS)  
 {WSBN TV 47; WMSY TV 51}  
 WCW5 TV 5 (CW)  
 WDBJ TV 7 (CBS)  
 WDRL TV 24 (IND)  
 WFIF 960 AM  
 WJXX 102.7 FM, 104.9 FM  
 WKBA 1390 AM, 1550 AM  
 WPXR TV 38 (ION)  
 WRIS 1410 AM  
 WROV 96.3 FM  
 WSET TV 13 (ABC)\*  
 WSLC 94.9 FM  
 WSLQ 99.1 FM  
 WSLV TV 10 (NBC)  
 WSNV 93.5 FM  
 WSNZ 101.7 FM

WTOY 1480 AM  
 WVBE 610 AM, 100.1 FM  
 WVTF 89.1 FM (88.5,89.3, 91.9)  
 WWCW TV 27 (FOX)  
 WWVT 1260 AM  
 WWWR 910 AM  
 WXLK 92.3 FM  
 WZBL 106.1 FM

**Roanoke Rapids**

Daily Herald

**Rockville**

WASH 97.1 FM  
 WBIG 100.3 FM  
 WIHT 99.5 FM  
 WMZQ 98.7 FM  
 WWDC 101.1 FM

**Rocky Mount**

Franklin News Post  
 WYTI 1570 AM  
 WZBB 99.9 FM

**Rustburg**

Lynchburg Ledger

**Saint Paul**

Clinch Valley Times

**Salem**

Cave Spring Connection  
 New Castle Record  
 Salem Times-Register  
 Vinton Messenger

**Silver Spring**

WRXX 94.3 FM  
 WTEM 980 AM  
 WWXT 92.7 FM  
 WXTR 730 AM

**Smithfield**

Smithfield Times  
 WKGM 940 AM

**South Boston**

Gazette Virginian  
 News & Record  
 WHLF 95.3 FM  
 WSBV 1560 AM

**South Hill**

South Hill Enterprise  
 WKSK 101.9 FM  
 WSHV 1370 AM  
 WSHV TV 16 (IND)

**Springfield**

Middleburg Life  
 Northern Virginia Parent Life  
 Sun-Gazette

**St. Stephens Church**

Country Courier

\*Bureau

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Subject to change

**Stafford**

Stafford County Sun

**Stanardsville**

Greene County Record

**Staunton**

Daily (Sunday) News Leader

WHSV TV 3 (ABC)\*

WKDW 900 AM

WTON 1240 AM, 94.3 FM

**Strasburg**

Northern Virginia Daily

**Stuart**

Enterprise

WHEO 1270 AM

**Suffolk**

Suffolk News Herald

Sun

Virginian-Pilot\*

**Tappahanock**

Rappahannock Times

WRAR 105.5 FM

**Tasley**

Chincoteague Beacon

Eastern Shore News

WESR 1330 AM, 103.3 FM

**Urbanna**

Southside Sentinel

**Victoria**

Kenbridge-Victoria Dispatch

**Virginia Beach**

Beacon

Metro Networks

Richmond Times-Dispatch\*

Virginian-Pilot\*

WGH 1310 AM, 97.3 FM

WNVZ 104.5 FM

WPTE 94.9 FM

WVBW 92.9 FM

WVKL 95.7 FM

WWDE 101.3 FM

WXEZ 94.1 FM

WXMM 100.5 FM

WXTG 1490 AM, 102.1 FM

**Wakefield**

Sussex-Surry Dispatch

**Warrenton**

Culpeper Times

Fauquier Times

Democrat Weekender

Fauquier Times-Democrat

Gainesville Times

WJYJ 90.5 FM

WPER 89.9 FM

**Warsaw**

Northern Neck News

Riverviews

WNNT 107.5 FM

**Washington**

Associated Press\*

City Paper

DC North

Downtowner

East of the River

Georgetownner

Hill Rag

Rappahannock News

Roll Call

United Press International\*

Washington Afro-American

Washington Blade

Washington Business

Washington Examiner

Washington Informer

Washington Post

Washington Sun

Washington Times

WBDC TV 50 (CW)

WDCA TV 20 (IND)

WFED 1500 AM

WHUR 96.3 FM

WHUT TV 32 (PBS)

WJZW 105.9 FM

WMAL 630 AM

WPFW 89.3 FM

WRC TV 4 (NBC)

WRQX 107.3 FM

WTOP 103.5 FM

WTTG TV 5 (Fox)

WUSA TV 9 (CBS)

**Waynesboro**

News-Virginian

**West Point**

New Kent/Charles City Chronicle

Tidewater Review

**Williamsburg**

Daily Press\*

Virginia Gazette

WBQK 107.9 FM

WMBG 740 AM

WTYD 92.3 FM

**Winchester**

Northern Virginia Daily\*

WFQX 99.3 FM

WINC 1400 AM, 92.5 FM

WKSI 98.3 FM

WTFX 610 AM

WTRM 91.3 FM

WUSQ 102.5 FM

WWRE 104.9 FM

WWRT 105.5 FM

Winchester Star

**Wise**

Kingsport Times News\*

**Woodbridge**

News & Messenger

**Woodstock**

Free Press

**Woodbridge**

News & Messenger

**Woodstock**

Free Press

Northern Virginia Daily\*

WAZT TV 28 (IND, TBN)

{24, 25, 34, 48, 10}

**Wytheville**

Bland Messenger

WVBX 95.3 FM

WYVE 1280 AM

Wytheville Enterprise

**Yorktown**

York Town Crier/Poquoson Post

\*Bureau

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